



# The South African Pony Club

## C STANDARD

### OBJECTIVE:

- To understand the importance of, and to be working towards a secure seat independent of the reins.
- To apply simple aids correctly.
- To have a knowledge of the care and working of a pony off grass.
- To be in control of the pony on the roads and in the countryside.
- To have a proper regard for country lore

Note : Before being awarded the "C" Test Certificate, Candidates must have trained for and passed The Pony Club's Road Safety Achievement Badge.

### RIDING

- Turnout of pony and rider.
- Mount and dismount correctly on either side.
- Hold the reins correctly.
- Alter stirrups when mounted.
- Tighten and loosen girth when mounted.
- Position at walk, trot, canter and gallop.
- Use of legs and hands as aids to increase and decrease pace.
- Simple turns and circles at walk, trot and canter.
- Aids for canter on a named leg on a circle.
- Walk with a long rein.
- Ride up and down hill.
- Independent work in the open.
- Walk and trot over heavy poles as a preliminary to jumping.
- Ride over small fences and ditches.
- Riding in the countryside, across farmland and bridle paths.

### HORSEMASTERSHIP

- Care and working of a pony off grass.
- Elementary feeding, watering and cleanliness of the pony.
- Names and uses of the essential grooming kit.
- Picking up and picking out the feet.
- Know when a pony needs shoeing and what to look for in a newly shod foot.
- Know how to saddle and bridle (snaffle bridle only).
- Elementary care and cleaning of saddlery.
- Know the main indications for health in the pony.
- Elementary knowledge of the treatment of minor wounds.
- Recognise when a pony is lame.
- Lead a pony in hand walking, trotting and turning.
- Know how to take a pony in and out of a horsebox or trailer.
- Understand the importance and the means of protecting the legs while travelling.
- Put on a rug, roller and tail bandage, and a New Zealand Rug.
- Points of the Pony, colours and markings.

### READ

- 'Keeping a Pony at Grass'
- 'The Manual of Horsemanship'
- Points of the horse.
- Mounting and dismounting (Omit 'to dismount using the stirrup')
- The stirrups.
- The position of the rider in the saddle.
- Holding the single rein.
- Position of the rider in motion.
- The aids.
- The basic paces. (Omit 'the rein back')
- Jumping
- The correct approach (Figure 19).
- Handling and leading a horse.
- To lead in hand.
- Classification and Identification.
- Saddlery – General considerations.
- Saddling up.
- Putting on and fitting a bridle, unsaddling. (Omit 'fit and adjust the curb chain')
- Care of saddlery.
- The signs of good health.
- Lameness – Identifying the lame leg.
- Loading – with an assistant.
- Unloading.
- 'The Country Code' – The countryside Commission

#### **VIEW**

- Pony Club Videos
  - 'You and Your Pony' Programmes 1 and 2
  - Top Rider Parts 1 and 2
  - When to call the Vet
  - Handling and Leading
  - Health and Condition

*Recommended minimum age 11 or 12 years.*

*Felt Colour - Green*