



# The South African Pony Club

## D+ STANDARD

### OBJECTIVE:

- To be working towards developing a balanced seat independent of the reins.
- To understand elementary aids and be able to apply them.

### RIDING

- Mount and dismount
- Hold the reins correctly and carry a whip in either hand.
- To be able to control a quiet pony in company, on the roads and in the countryside.
- Walk without stirrups.
- Use of legs as aids.
- Simple turns and circles in walk and trot.
- Walk on a loose rein and shorten the reins.
- Ride up and down hills in walk.
- Be able to canter.
- Ride over a single pole and very small fence.

### ROAD SENSE

- To know on which side of the road you should ride.
- To understand the simple 'green cross' code.
- How to ride along a road, cross a road and say 'thank you', and how to signal to turn right or left.
- To know it is safer to ride on the road with adults or parents.
- To show an awareness of dangers when riding on the road, understanding what is likely to frighten a pony or cause him to slip.
- To understand how to ride with a friend whilst on the road.
- Recognise the dangers to ponies from cars and other traffic.

### HORSEMASTERSHIP

- To have some knowledge of care and working a pony off grass.
- Put on a saddle and bridle.
- Have some knowledge of correctly fitting tack.
- Elementary care of saddlery.
- Catching a pony and turn it away in the field.
- Lead a pony in hand at walk and trot, and turn correctly.
- Tie up a pony correctly.
- Names and uses of essential grooming kit.
- Pick up and pick out feet.
- Points of the pony, colours and markings.
- Be able to recognise a New Zealand Rug, sweat rugs and a night rug.

## **READ**

- The 'Manual of Horsemanship'.
- Points of the horse.
- Colours and markings.
- Care and working a pony off grass.
- Putting on a saddle.
- Putting on a bridle.
- Unsaddling.
- Saddle fitting.
- Bridle fitting.
- To tie up correctly.
- Care of saddlery.
- Grooming.
- Aids. (Omit 'gallop and rein back')
- Jumping position.
- Pony Club Booklet 'Junior Road Rider'.

## **VIEW**

- Pony Club Videos
  - 'You and Your Pony' Programme 1
  - Handling and Leading
  - Health and Condition
  - Top Rider Part 1

*Recommended minimum age 10 years.*

*Felt Colour - White*